



Stay Active, Stay Inspired: Noa's Exclusive Fitness Center



Fitness Equipment



State-of-the-Art Cardio Equipment

Featuring Precor treadmills and an adjustable elliptical with moving arms for a full-body workout.



Strength Training Essentials

Outfitted with a Discovery Series half rack, incline/decline benches, and a full set of rubber hex dumbbells.



Olympic-Grade Lifting

Includes a 7-ft Olympic bar with rubber plates for even the most serious strength training.



Designed for Performance

A thoughtfully curated space with premium equipment to support high-intensity workouts to recovery sessions.



About Noa

Sixteen 4+ bedroom STR homes surrounding an amenity-rich courtyard create an unprecedented oasis in the heart of East Nashville's Five Points. Secure your reservation by May 11th, 2025.

- ✓ Fully-outfitted Fitness Center
- ✓ Heated Pool
- ✓ Social Fire Pit
- ✓ Activity Green